

Lab Safety Rules

Before starting any work in the lab, we suggest that you work with your students to develop a list of rules for ensuring the safety of everyone. These could include things like:

- No mucking around, running, pushing or being physical in any way. It's just too easy for accidents to happen.
- Work quietly and try not to disrupt others. This includes being courteous to people who are focusing on their work, and being respectful of their space. Distractions can lead to accidents.
- Don't eat or drink anything while in the lab. Just imagine if you accidentally ingested chemicals or other harmful substances! If you really need a drink, raise your hand quietly and ask to have a drink outside the lab.
- Make sure you're wearing your safety gear. They may look funny but goggles, lab coats and gloves will help protect you against harmful chemicals and other substances.
- Immediately alert the teacher if something spills or breaks. Keep away from the spill/ breakage until it has been completely cleaned up.
- Make sure you know where the exits are. In the very unlikely event you need to get out quickly, it's important to know which way to go. Also, make sure you know where things like taps and eyewash stands are in case of emergencies.
- Take the time to read all the instructions carefully. It's a good idea to read things through twice before starting anything. And don't be afraid to ask questions if you're unsure.
- The teacher is there to help you and support you. Make sure you're listening closely to what they're saying; you don't want to miss an important step or safety instruction. And never touch anything until your teacher says you can.