

Spiritual connection and relaxation

“The sea, once it casts its spell, holds one in its net of wonder forever.” - Jacques Cousteau

“The ocean stirs the heart, inspires the imagination and brings eternal joy to the soul.” - Robert Wyland

“You’re not a wave, you’re a part of the ocean.” - Mitch Albom

“What would an ocean be without a monster lurking in the dark? It would be like sleep without dreams.”
- Werner Herzog

“When anxious, uneasy and bad thoughts come, I go to the sea, and the sea drowns them out with its great wide sounds, cleanses me with its noise, and imposes a rhythm upon everything in me that is bewildered and confused.” - Rainer Maria Rilke

“The ocean makes me feel really small and it makes me put my whole life into perspective... it humbles you and makes you feel almost like you’ve been baptized. I feel born again when I get out of the ocean.”
- Beyoncé Knowles

Transport

“The ocean is the trading route of our planet.” - [National Oceanic and Atmospheric Administration](#)

Employment

In Australia the marine industry employs 393,000 people and is worth more than \$68.1 billion. - [Austraian Institute of Marine Science](#)

Water and air

“The single non-negotiable thing life requires is water.” - Sylvia A. Earle

“Even if you never have the chance to see or touch the ocean, the ocean touches you with every breath you take, every drop of water you drink, every bite you consume. Everyone, everywhere is inextricably connected to and utterly dependent upon the existence of the sea.” - Sylvia A. Earle

Waste

“Water and air, the two essential fluids on which all life depends, have become global garbage cans.” - Jacques-Yves Cousteau

Stories

Moby-Dick, by Herman Melville (1851)

The Old Man and the Sea, by Ernest Hemingway (1952)

The Rime of the Ancient Mariner, by Samuel Taylor Coleridge (1798)

The Odyssey, by Homer (8th century BC)

Pirate stories

Mermaids

Sea monsters

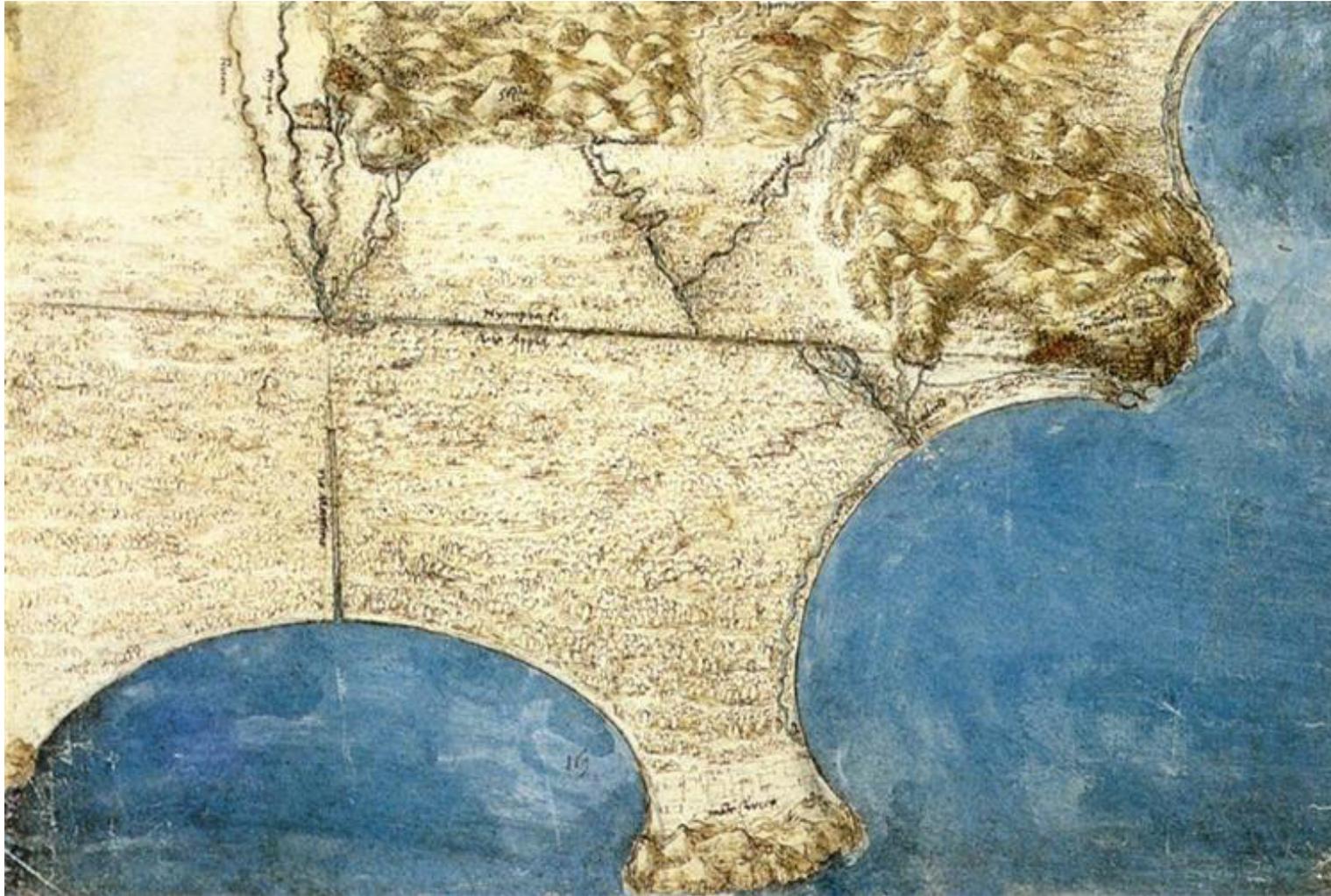
Mythology (e.g. Ancient Greek, Norse)



Waves Breaking by Claude Monet, 1881
(Source: <https://www.wikiart.org/en/claude-monet/waves-breaking>)



Fishermen at Sea by J.M.W. Turner, 1796
(Source: <https://www.wikiart.org/en/william-turner/fishermen-at-sea-0>)



Bird's Eye View of Sea Coast by Leonardo da Vinci, c.1515
(Source: <https://www.wikiart.org/en/leonardo-da-vinci/bird-s-eye-view-of-sea-coast>)



The Great Wave off Kanagawa by Katsushika Hokusai, 1831
(Source: <https://www.wikiart.org/en/katsushika-hokusai/the-great-wave-of-kanagawa-1831>)

Other objects you could add to your gallery:

- Glass of water (to demonstrate the role of the ocean in the water cycle)
- Plastic waste
- Fishing rod
- Packaging with fish listed on ingredients
- Face mask (to demonstrate the role of the ocean in providing fresh air)
- Fresh food (to demonstrate how we rely on the water cycle to provide our food)
- Beach ball
- Additional artworks and stories about the ocean
- Any other objects relating to the ocean available at your school

Additional information to support your gallery can be found below:

- Why should we care about the ocean? - <https://oceanservice.noaa.gov/facts/why-care-about-ocean.html>
- Here are 5 reasons why the ocean is so important - <https://www.weforum.org/agenda/2019/08/here-are-5-reasons-why-the-ocean-is-so-important/>
- Protect Our Oceans - <https://www.wwf.org.au/what-we-do/oceans/protect-our-oceans#gs.994x2p>