# New Zealand Curriculum Mapping: SugarByHalf - Get Up and Groove to Healthy Choices – Year 1 & 2

## **Health and Physical education:**

## Curriculum Level 1

### Personal Health and Physical Development

Personal growth and development

* Describe feelings and ask questions about their health, growth, development and personal needs and wants.

## Curriculum Level 2

### Personal Health and Physical Development

Personal growth and development

* Describe their stages of growth and their development and needs and demonstrate increasing responsibility for self-care.