

THE VOLKSWAGEN FOOTY FIT ACADEMY FRAMEWORK

The Volkswagen Footy Fit Academy is a gamified curriculum package that aligns with the [Volkswagen Footy Fit](#) in-schools program. It provides students with an opportunity to learn about multiple areas of health and fitness.

The framework is as follows:

Students will design their own [Avatar](#) that they will ‘train’ (by earning tokens) with the aim of being drafted for their class’s Volkswagen Footy Fit Team.

The [Stadium Scoreboard](#) allows students to keep track of their Avatar’s training progress. It has four sections:

- Healthy Habits
- Healthy Mindset
- Body Knowledge
- Physical Skills

These four sections encourage students to explore the holistic nature of health and wellbeing.

Tokens are earned by completing activities and challenges throughout the Volkswagen Footy Fit Academy lessons. They can opt to complete additional activities to boost their tokens using the [Volkswagen Footy Fit Game Plan](#). Sticking their earned tokens on the Stadium Scoreboard, students can easily keep an eye on, and plan, their progress.

The token types that can be earned are:

Token Type	Usage	Maximum allowed per student
Healthy Habits tokens	To go only in the Healthy Habits section on the Stadium Scoreboard	10
Healthy Mindset tokens	To go only in the Healthy Mindset section on the Stadium Scoreboard	10
Body Knowledge tokens	To go only in the Body Knowledge section on the Stadium Scoreboard	10

Physical Skills tokens	To go only in the Physical Skills section on the Stadium Scoreboard	10
Sponsorship tokens	Can be used in any section on the Stadium Scoreboard (like a wildcard). They are earned by winning games or competitions dotted throughout the lessons.	3

A maximum of 10 tokens can be assigned to each of the four sections of the Stadium Scoreboard (including Sponsorship tokens) and a maximum of 40 total tokens can be added to the Stadium Scoreboard.

Optional: Tokens can be removed if students are found to be cheating or otherwise undermining the Footy Fit principles.

At the end of the Volkswagen Footy Fit Academy unit, students can receive Certificates and Awards along with being assigned a Team Role in the class's Footy Fit Team.

Note: You can assign more than one student to each role on the [Volkswagen Footy Fit Team Roles](#) chart, or you could award the specialist roles to the student with the highest number of qualifying tokens.

Use this system to help you award Certificates and Roles:

Award/team role	Minimum tokens required for Years 3 & 4 students	Minimum tokens required for Years 5 & 6 students
Certificate of Participation	15 overall*	20 overall*
Certificate of Completion	20 overall*	25 with five in each of the four sections of the Stadium Scoreboard*
Footy Fit Class Team Fan Club Member	15 overall*	20 overall*
Class Team Player***	8 Physical Skills tokens**	10 Physical Skills tokens**

* You could instead negotiate individual targets for students who have special needs and allow all students to be awarded Fan Club Membership regardless of tokens earned, or allow all students to be awarded a

Dietician Role***	8 Healthy Habits tokens	10 Healthy Habits tokens
Psychologist Role***	8 Healthy Mindset tokens	10 Healthy Mindset tokens
Physiotherapist Role***	8 Body Knowledge tokens	10 Body Knowledge tokens
Team Captain Role	28 tokens overall including 8 Physical Skills tokens	32 tokens overall including 10 Physical Skills tokens
Coach Role	32 tokens overall including 8 Physical Skills tokens	35 tokens overall including 10 Physical Skills tokens
Footy Fit Rising Star Award	40 - the complete set (can include Sponsorship tokens)	40 - the complete set (can include Sponsorship tokens)

Certificate of Completion. You could also choose to add or remove some activities from your in-class program and change the minimum requirements to suit your students.

** You could instead allow all students who receive a Certificate of Completion, but don't qualify for the more challenging roles, to be awarded Player status.

*** Students must also qualify for a Certificate of Completion to be awarded this role.