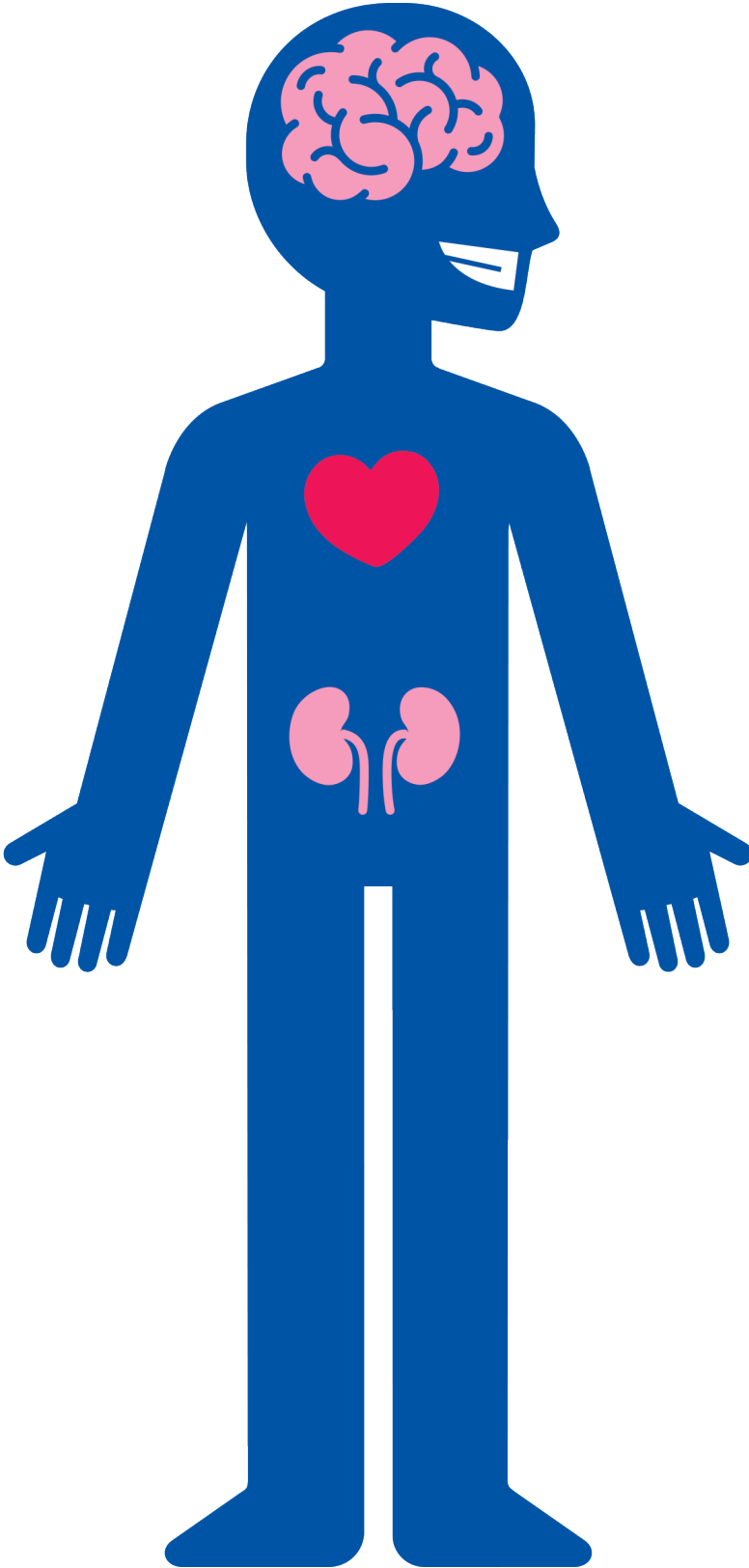


# The Human Body



# The Human Body

## BRAIN

My brain chooses what I eat and drink

## TEETH + GUMS

My clean healthy teeth are important for my overall health  
Unhealthy gums and teeth can lead to heart and kidney disease

## HEART

My strong healthy heart pumps my blood all around my body and back again  
This is called circulation  
It is important for my heart to be healthy because it keeps me alive

## KIDNEYS

I have 2 healthy kidneys  
Each kidney has one million filters  
The blood is cleaned and filtered by my kidneys  
The good nutrients stay in my blood and the waste is filtered out into the 'wee'  
This is called filtration  
My kidneys are amazing and keep me alive

