Challenges

Fitness and agility challenge

Select one challenge based on the space (or create your own):

Example:
1. Run around the outside of the house five times
2. Do 25 star jumps
3. Skip to the end of the street and back
4. Run on the spot while counting to 100
5. Do 10 burpees.

Construction challenge

Create the tallest structure you can using dry spaghetti and marshmallows.

Note: You may wish to adjust this construction challenge to make use of resources that are already available to you, such as Mobilo pieces, Stick-Lets, construction sticks etc.

Drawing challenge

Draw a realistic illustration of this sunflower using pencils:

Writing challenge

Write a poem inspired by this image: