

Print and cut out the action words below. Alternatively create and decorate your own:

Clap	Dance	Tell a story
Jump	Count	Find colours
Close your eyes	Practise your ABC	Make up a rhyme
Sing	Move like a robot	Whisper your actions

Print and cut out the action statements below. Alternatively, create and decorate your own:

Tell a story about your day while unpacking your bag	Practise counting while brushing your teeth
Eat breakfast with your eyes closed	Make up a rhyme about getting dressed
Practise your ABC while on the toilet	Tell yourself a story while going to sleep
Have a 'phone call' about your day (using your handphone)	Sing while setting the table
Dance while cleaning up	Find as many different colours as you can while unpacking the shopping
Whisper your actions while you take your plates to the sink	Jump your way to the car
Sing while washing your hands	Clap your hands while in the car
Whisper yourself a story while you're waiting for something	Turn your fingers into people and act out your day while you're waiting for something