

# Make It Move Challenge

## Your Task:

Develop four different ways to make the table tennis ball move across the table.

You will need:

- A partner
- One table tennis ball (to share)

Challenge information:

- Each movement must be caused by a different apparatus.
- A body part is only to be used directly to move the ball once (i.e. if you chose to throw the ball with your hand, you cannot also choose to kick it).
- Ensure the safety of others in the classroom by checking the space the ball will move into is clear before creating the movement.
- Once you have created a movement in four different ways, sketch and explain them in Activity 1 of your Forces Handbook.
- You have 15 minutes to complete this task.