Dear *[insert name of Principal, coach, Elder or community leader],*

As the *[add either parent/caregiver]* of a young person in secondary school at *[insert school, club or organisation name],* I am writing to request that you consider running a package of lessons focusing on the STOP the Coward Punch campaign, which are available for free on the Cool Australia website.

Young people aged 12-16 are spending more and more of their leisure time interacting with their peers and starting to dabble in drugs and alcohol. Unfortunately, this opens up young people to risky situations and challenging behaviours. I understand that it’s my responsibility to help my child navigate this world but I also believe that having a consistent message across their school and community can help young people recognise the importance of the messages they’re hearing.

The resources made by Cool Australia are curriculum-aligned and cover curriculum areas including HPE, English, Science, Civics & Citizenship and The Arts. They offer age-appropriate and relatable content which will help young people understand the importance of managing their emotions and the negative consequences of violent behaviour, and the importance of standing up against violence. There have been over 172 deaths from coward punches since 2012 and it is a very important, but challenging issue that only ever has devastating consequences. Every case is preventable.

The Cool Australia resources also include a take-it-home pack of resources to ensure that the learning which occurs at school is continued at home so it can be applied right away. There are links to additional information and instructions for teachers on how to deliver the lessons safely across all subject areas.

You can find out more about the resources[here](https://www.coolaustralia.org/stop-the-coward-punch-education-resources/).

Thank you for your consideration in this matter,

Kind regards,

*[insert name here]*